Rotary Officers and Directors

International President Sakuji Tanaka
District 6920 Governor Robert Griggers
District 6920 Governor Elect Gary Smith
District 6920 Governor Designee Ted Thompson
Assistant Governor - SSI Area Zach Taylor

Rotary Club of St. Simons Island

President John Matthews
President Elect Stan Humphries
Secretary Te Turner
Assistant Secretary Susan Imhoff
Treasurer Ben Lee
Immediate Past President Mike Muldowney
Past Presidents' Representative Wally Forsythe
Sergeant-at-Arms Cindi Phillips
Historians Allen J. Berry
and Julian Flexer

Directors

Club/Public Relations
Club Service & Membership
Community Service
International Service
Programs & Fellowship
Vocational Service
Community Outreach
Service
Will Warren
Ann Nigro
Bill Warren
Ann Nigro
Bill Gussman
Bryan Adamson
Jim Henderson
Denny Silva
Mike Muldowney

Managing Editor Jennifer Broadus
Rotary Spray Layout John Buchanan
Data Reports Te Turner

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First

The development of acquaintance as an opportunity for service;

Second

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third

The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth

The advancement of international understanding, goodwill, and peace through a world of business and professional persons united in the ideal of service

	Area Rotary Clubs		
Club	Venue	Day & Time	
Brunswick	Brunswick Country Club	Thu. 12:45 PM	
Glynn County	Brunswick Hospital	Wed. 7:30 AM	
Jekyll Island	Jekyll Island Club Hotel	Wed. 7:30 AM	
St. Simons Island	Sea Palms	Tue. 1:00 PM	
SSI Marshes of Glynn	Epworth – Jinks Dining Room	Thu. 7:30 AM	

On-Line Makeup • www.rotarydistrict6920.net Financial Administrator: treasurer@ssirotary.org

of the things we think, say or do
1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

The Four-Way Test

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Rotary Club of St. Simons Island

Georgia, USA Rotary District 6920

Rotary Spray

Merry Christmas!

Christmas Lunch Celebration, December 11, 2012 Hosted by Ginny Johnson

Musical Program: Tuesday Singers, Directed by Kathleen Turner

Member Spotlight! Our Angel – Lee Scheinman



Did you know that our St. Simons Rotary Club has an angel within our midst? Her name is Lee Scheinman. A St. Simons Rotarian since 2003, Lee Scheinman is also known within our inner circle as Ms. Anonymous. She would never mention it herself, but Lee has made numerous (and very generous) monetary donations to our Rotarian initiatives, usually under the name of *Anonymous*. Her generosity is unwavering and her loving spirit is contagious.

Now, as we enter the holiday season, let's give special thanks to Lee and to all the Lees in the world,

who give so much and make a real difference for so many.

Thank you, Lee. Merry, Merry Christmas and happy holidays to you!

Nominating Committee Report

The new slate was voted on at the December 4 Club meeting and accepted unanimously. A big welcome to our new officers and directors.

Visiting Rotarians

None 12/04

Guest—Host

Will Becker—Mary Becker

Total Attendance

Visitors

Speaker 1 Members 79

Total 81

Rotobucks

Wally Forsythe

\$42



Cart Buckets are on the tables. 100% of donations goes to Alzheimer's research.

Greeters

12/11 Tuffy Adams
Bryan Adamson
12/18 Myra Albert
Millard Allen

Birthdays 12/11—12/17

Eric Andreae Dec. 13



Club News, December 4, 2012 Meeting

Mary Beth Wester and Bill Gussman—Reported on the Island-to-Island Relief Project. First Tuesday—Susan Imhoff reported the event has been rescheduled for January 8.



December 4, 2012, Program Alzheimer's Disease and other Causes of Dementia Janice Vickers, Executive Director Alzheimer's of Glynn/Brunswick, Inc.

Martin Turbidy introduced our speaker, and suggested we listen carefully because we might need to know this information to help us find our car after the meeting. All kidding aside, this topic is not a laughing matter. The fact is, if we live long enough (past 85) one out of two of us at our luncheon will get Alzheimer's, which is a staggering statistic to be sure. Janice began her talk by making the differentiation between dementia and Alzheimer's. Dementia is not a disease, but rather a group of symptoms indicating brain impairment that is not a part of normal aging. On the other hand, Alzheimer's is a degenerative neurological disease and the leading cause of dementia. Confused by this statement? This writer is too, especially since Ms. Vickers also noted that the older you get, the higher the risk of Alzheimer's. The real difference here is not the symptoms, but rather, the cause of the impairment. Dementia is caused by specific medical problem(s) such as poor nutrition, prolonged dehydration, alcohol abuse, Parkinson's, stroke, thyroid imbalance, blood sugar imbalance, vitamin deficiency, and more. Eliminate the cause and dementia can be greatly improved or even cured, but early detection and treatment are critical. Not so with Alzheimer's where there is no cure, but new drug therapies can help slow down the degeneration. However, the good news is great medical research inroads are being made.

Our weekly C.A.R.T. bucket donations help Rotary work toward a cure for Alzheimer's. "Don't forget" to give generously. Thank you Janice Vickers for your informative lecture. For more information visit: alzheimersofgl**y**nn.org.

Club President
John Matthews
and
Guest Speaker

Guest Speaker
Janice Vickers

