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Area Rotary Clubs

Club	Venue	Day & Time
Brunswick	Brunswick Country Club	Thu. 12:30 PM
Golden Isles—Glynn County	Brunswick Hospital	Wed. 7:30 AM
Jekyll Island	Jekyll Island Club Hotel	Wed. 7:30 AM
St. Simons Island	Sea Palms	Tue. 1:00 PM

On-Line Makeup • www.rotarydistrict6920.net
 Financial Administrator: treasurer@ssirotoary.org

Rotary Club of St. Simons • Founded in 1950 – www.ssirotary.org
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www.rotarydistrict6920.net • www.rotary.org for Rotary International

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Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First

The development of acquaintance as an opportunity for service;

Second

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third

The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth

The advancement of international understanding, goodwill, and peace through a world of business and professional persons united in the ideal of service

The Four-Way Test of the things we think, say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?



Rotary Club of St. Simons Island

Georgia, USA

Rotary District 6920

Rotary Spray

Today's Program: May 14, 2013 THE UNITED WAY OF COASTAL GEORGIA Presented by Dana Haza

Dana is the new President and CEO of the United Way of Coastal Georgia. What does the United Way do currently and how will Dana and her team impact our community in the future? The United Way's mission is to enhance our community and the lives of the people living in Coastal Georgia. Dana is looking forward to sharing the many initiatives underway.



From the May 7 Program
 (L-R)

Speaker Jim Kielt
 and Club President
 John Matthews.

Please see the
 Jennifer Broadus article
 on page 3.

Attendance Data for 5-7-2013

Guests—Hosts

Jan Lemasters (pm) - Jerry Schueneman
Phil Viviani (pm) —Clyde Taylor

Visiting Rotarians

None Today

Totals

Guests: 2 Members 73 Total 75

Rotobucks \$44 Ann Nermoe

Greeters

5/14 Ed Griffith
Bill Gussman
5/21 Bill Halderson
Jody Haley

Birthdays 5/14—5/20

Dennis Burgess 5/15
Ann Nigro 5/16
John Buchanan 5/20



Club News: May 7, 2013 Meeting

Cart Buckets—100% to Alzheimer's Research. Raise the bucket, pass it around and give!

Thomas Stroud—Resignation and honorary status.

For the Record—President John reminded all that the May 14 meeting will be held at the Bonefish Grill.

Upcoming Programs

May 21: Sal Cenicola, owner of Sal's Neighborhood Pizzeria and renowned boxer. Sal was recently inducted into the New Jersey Boxing Hall of Fame. Intro by Wally Forsythe.

May 28: No Meeting. Taps at Twilight is May 27, 6:45 pm, Neptune Park. Guest Speaker: Maj. Gen. Larry Taylor, USMC (ret.).

June 4: Bill Dawson, General Manager of the Port of Brunswick. *Port Reporting*. Intro by Marie Dodd.

June 11: Classification Talks. Moderated by Monica Jolley.

June 18: SSI Rotary Charitable Giving Report.

June 25: President's Outgoing Message.

May 7 Program

Staying Alive: Lifesaving Techniques

Jim Kielt, Presenter

Our luncheon presenter this week was fellow Rotarian, Jim Kielt. Jim began his instructive presentation with a little history about himself. Jim reflected on his early years as a life guard at the 9th Station on Jones Beach. And, he even had a photo to prove it. And who would you suppose was also in that photo? Our own Craig Bolint. Seems as though these two guys were life guards together many moons ago and recently, and very coincidentally, rekindled a friendship here at SSI Rotary sharing similar stories about growing up on Long Island. Small world?

Then, Jim got to the heart of the topic – how to save lives through Red Cross Authorized techniques including the Heimlich Maneuver, Cardio Pulmonary Resuscitation (CPR) and Automatic External Defibrillator (AED). As a certified Red Cross Authorized Provider, Jim was quick to demonstrate these simple, yet highly effective, procedures. First the Heimlich, which can save the life of a choking victim who has ingested food or an object caught in the esophagus and thereby blocking the airway. Mike Muldowney served as guinea pig to demonstrate the technique. Well done Mike.

Next, Jim talked about CPR, a technique that has evolved over the years from mouth-to-mouth breathing into a combination of breathing and hard, rapid, and repeated compressions of the victim's chest at about 100 repetitions per minute. This technique acts as a bellows to pump the blood, and with it, oxygen, into the brain helping to prevent brain damage and death. The sooner the procedure is administered, the better – every minute of delay results in 10% less chance of saving the life.

AED is a device which is actually an electrical shock instrument which works to stimulate a victim's heart during cardiac arrest. The AED device is found in many public places today, although Jim was quick to remind us that Sea Palms Conference Center does not have one. The cost of the device is about \$1200-\$2500. Get on this Sea Palms!

Jim teaches these techniques through the Red Cross, but urges that his demonstration does not replace taking the course yourself.

Thanks Jim Kielt for your most informative lifesaving information. For more information about courses in Heimlich, CPR and AED training, visit www.redcross.org.