# **Rotary Officers and Directors**

International President Sakuji Tanaka District 6920 Governor Robert Griggers District 6920 Governor Elect Gary Smith District 6920 Governor Designee Ted Thompson Assistant Governor - SSI Area Zach Taylor

# Rotary Club of St. Simons Island

President John Matthews President Elect Stan Humphries Secretary Te Turner Assistant Secretary Susan Imhoff Treasurer Ben Lee Immediate Past President Mike Muldowney Past Presidents' Representative Wally Forsythe Sergeant-at-Arms Cindi Phillips Historians Allen J. Berry and Julian Flexer

# **Directors**

Club/Public Relations Bill Warren Club Service & Membership Ann Nigro Community Service Bill Gussman International Service Bryan Adamson Programs & Fellowship Jim Henderson Vocational Service Denny Silva Community Outreach Mike Muldowney

Club

**Brunswick** 

JekvII Island

Managing Editor Jennifer Broadus Rotary Spray Layout John Buchanan **Data Reports** Te Turner

# **Object of Rotary**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

### First

The development of acquaintance as an opportunity for service;

### Second

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

## Third

The application of the ideal of service in each Rotarian's personal, business, and community life;

### Fourth

The advancement of international understanding, goodwill, and peace through a world of business and professional persons united in the ideal of service

**Area Rotary Clubs** Venue Day & Time Brunswick Country Club Thu. 12:30 PM

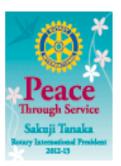
Golden Isles—Glynn County Brunswick Hospital Wed. 7:30 AM Jekyll Island Club Hotel Wed. 7:30 AM St. Simons Island Sea Palms Tue. 1:00 PM

On-Line Makeup • www.rotarydistrict 6920.net Financial Administrator: treasurer@ssirotary.org

of the things we think, say or do 1. Is it the truth? 2. Is it fair to all concerned? 3. Will it build goodwill and better friendships? 4. Will it be beneficial to all concerned?

The Four-Way Test

Rotary Club of St. Simons • Founded in 1950 – www.ssirotary.org Rotary Club of St. Simons • P.O. Box 21887 • St. Simons Island, GA 31522 www.rotarydistrict6920.net • www.rotary.org for Rotary International



# Rotary Club of St. Simons Island Georgia, USA **Rotary District 6920**

# Rotary Spray

# **Today's Program: May 14, 2013** THE UNITED WAY OF COASTAL GEORGIA **Presented by Dana Haza**

Dana is the new President and CEO of the United Way of Coastal Georgia. What does the United Way do currently and how will Dana and her team impact our community in the future? The United Way's mission is to enhance our community and the lives of the people living in Coastal Georgia. Dana is looking forward to sharing the many initiatives underway.



From the May 7 Program (L-R)

**Speaker Jim Kielt** and Club President John Matthews.

Please see the Jennifer Broadus article on page 3.

# Attendance Data for 5-7-2013 Guests—Hosts Jan Lemasters (pm) - Jerry Schueneman Phil Viviani (pm) —Clyde Taylor Visiting Rotarians None Today Totals Guests: 2 Members 73 Total 75

# Greeters

5/14 Ed Griffith Bill Gussman 5/21 Bill Halderson Jody Haley

Birthdays 5/14—5/20

Dennis Burgess 5/15 Ann Nigro 5/16 John Buchanan 5/20



Rotobucks \$44 Ann Nermoe

# Club News: May 7, 2013 Meeting

**Cart Buckets—**100% to Alzheimer's Research. Raise the bucket, pass it around and give!

**Thomas Stroud—**Resignation and honorary status.

**For the Record**—President John reminded all that the May 14 meeting will be held at the Bonefish Grill.

# **Upcoming Programs**

**May 21:** Sal Cenicola, owner of Sal's Neighborhood Pizzeria and renowned boxer. Sal was recently inducted into the New Jersey Boxing Hall of Fame. Intro by Wally Forsythe.

May 28: No Meeting. Taps at Twilight is May 27, 6:45 pm, Neptune Park. Guest

Speaker: Maj. Gen. Larry Taylor, USMC (ret.).

**June 4:** Bill Dawson, General Manager of the Port of Brunswick. *Port Reporting*. Intro by Marie Dodd.

June 11: Classification Talks. Moderated by Monica Jolley.

June 18: SSI Rotary Charitable Giving Report.

June 25: President's Outgoing Message.

# **May 7 Program**

# Staying Alive: Lifesaving Techniques Jim Kielt, Presenter

Our luncheon presenter this week was fellow Rotarian, Jim Kielt. Jim began his instructive presentation with a little history about himself. Jim reflected on his early years as a life guard at the 9th Station on Jones Beach. And, he even had a photo to prove it. And who would you suppose was also in that photo? Our own Craig Bolint. Seems as though these two guys were life guards together many moons ago and recently, and very coincidently, rekindled a friendship here at SSI Rotary sharing similar stories about growing up on Long Island. Small world?

Then, Jim got to the heart of the topic – how to save lives through Red Cross Authorized techniques including the Heimlich Maneuver, Cardio Pulmonary Resuscitation (CPR) and Automatic External Defibrillator (AED). As a certified Red Cross Authorized Provider, Jim was quick to demonstrate these simple, yet highly effective, procedures. First the Heimlich, which can save the life of a choking victim who has ingested food or an object caught in the esophagus and thereby blocking the airway. Mike Muldowney served as guinea pig to demonstrate the technique. Well done Mike.

Next, Jim talked about CPR, a technique that has evolved over the years from mouth-to-mouth breathing into a combination of breathing and hard, rapid, and repeated compressions of the victim's chest at about 100 repetitions per minute. This technique acts as a bellows to pump the blood, and with it, oxygen, into the brain helping to prevent brain damage and death. The sooner the procedure is administered, the better – every minute of delay results in 10% less chance of saving the life.

AED is a device which is actually an electrical shock instrument which works to stimulate a victim's heart during cardiac arrest. The AED device is found in many public places today, although Jim was quick to remind us that Sea Palms Conference Center does not have one. The cost of the device is about \$1200-\$2500. Get on this Sea Palms!

Jim teaches these techniques through the Red Cross, but urges that his demonstration does not replace taking the course yourself.

Thanks Jim Kielt for your most informative lifesaving information. For more information about courses in Heimlich, CPR and AED training, visit www.redcross.org.